

# Football at Alert Level 1

As of 8 June 2020



At 11:59pm on 8 June New Zealand moves to Alert Level 1.

This is what it means for football:

## Competition, Training and Education Courses

Football competitions, training and education courses can return to a new normal.

There are **no limits on crowd sizes** and **no social distancing requirements**.

**Anyone involved in any event must be able to be contact traced.**

NZ Football recommends the use of the iDMe as an online contact tracing register. [Read more detailed information on the iDMe solution on our website.](#)

The Government recommends people keep a personal record of where they have been should contact tracing be required.

All players, coaches, support staff and referees must be registered with COMET  
Guidance for clubs can be found at [nzfootball.co.nz/competitionfootytips](http://nzfootball.co.nz/competitionfootytips).

## Hygiene

**All participants should regularly wash and dry their hands, or if not possible use hand sanitiser, before and after an activity.**

You should continue to cough or sneeze into your elbow and avoid spitting, or similar actions.

Sharing of equipment should be minimised where possible.

Sharing of water bottles and food should be avoided.

## Facilities

**Facilities can be open as normal** as long as it is approved by the respective council or owner and hygiene measures are followed.

## If Unwell

**If you feel unwell stay home.** Don't play, train, or attend games in any capacity. If you have cold or flu symptoms you need to see a doctor and if told to self-isolate you must.

